

# Awakening the Mystical Heart



## ***A Sufi Workshop with Imam Bilal Hyde***

Friday, June 4, 8-10 PM

Saturday, June 5, 10 AM - 1 PM, 8-10 PM

Sunday, June 6, 10 AM - 1 PM

Monday June 7 private appointments with Imam Bilal

"We are a door that's never locked. If you are suffering any kind of pain,  
Stay near this door. Open it." ---Mevlana Rumi

You are invited to take part in traditional Sufi meditation practices rarely offered to the general public. This powerful and transformative technique opens all the doors of the mystical heart, one at a time, to the light of divine love (ishq Allah). Sufi meditation (muraqabah) focuses on training and refining the ego-self, using visualization, concentration, directed breath practice, and chanted prayer. These practices develop in seven stages, unveiling and activating the subtlest levels of the innermost heart, the seat of wisdom, insight, and compassion for all life. The 7th, and final, makam/level will be introduced this weekend. Prior levels required.

Many have found that a healing process takes place as one allows these practices to work. The results can be deeply rewarding, spiritually and practically. As the doors of the mystical heart are opened to divine love, we encounter our true reality.

**Imam Bilal Hyde** has pursued traditional Sufism for 30 years. He serves as Imam and Qur'anic reciter for many Sufi and other groups and serves as a prison chaplain. Imam Bilal's warm, accessible manner, sense of humor, extensive knowledge, and his ability to bridge cultures make him a much-appreciated and popular presenter. He's also a tea aficionado.

Please contact Tasnim (818/841-3246, [tasnimf@aol.com](mailto:tasnimf@aol.com)) or Muge ([mmkasim@aol.com](mailto:mmkasim@aol.com)) to register and for address and special arrangements or to make an appointment for a private interview with Imam Bilal on Monday, June 7.

**Previous attendance is required – Register May 22, 2010 for a reduced fee of \$170**

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**Registration for Awakening the Mystical Heart: June 4 - 6, 2010**

**(Please Print Clearly)**

Name

Telephone: (    )

Email

Street Address

City State Zip

☐ **\$170 if registered by May 22, 2010**

☐ **\$190 Full Fee, after May 22, 2010**

☐ **\$90 DEPOSIT / Balance ( early registration \$80 or \$100 after May 22) in cash at the door.**

Please make checks payable to **Church of All** and mail with registration form (or facsimile) to **P O Box 7541, Burbank CA 91510-7541**

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Church of All website: <http://www.churchofall.us> ~ Sufi Order International website: <http://www.sufiorder.org>