

The Alchemy of Happiness



An afternoon of exploration into the nature of true abiding happiness

with Sufi Murshida Tasnim Hermila Fernandez

Join us for a workshop with Murshida Tasnim Fernandez who will use Sufi teachings, stories, and practices including: breath, visualization, chanting divine names, group movement and Dances of Universal Peace to facilitate our experience of awakening into our soul's essence as we recover and reconnect with the pure, original state of happiness and wellbeing.



Date: Saturday, June 19, 2010
Time: 1:00 – 5:00 PM
Cost: \$25.00
Place: Unity Chapel of Light
1165 Stubblefield Road, Orcutt, CA
(Santa Maria area)

Murshida Tasnim has followed the Sufi lineage of Hazrat Inayat Khan for nearly forty years. She is a senior teacher and an ordained Siraj, authorized to train and ordain Universal Worship ministers. Reverend Tasnim is a frequent speaker and participant at international Sufi and inter-faith conferences. She is a co-founder of the International Network for the Dances of Universal Peace and is an acclaimed facilitator of the Dances and of transformational group work. She directs the Church of All in Burbank, CA. www.churchofall.us

A variety of healthy snacks and refreshments will be served.

Pre-registration is recommended as space is limited.

Please send a check to Carlos Yanez, 735 Kolding Ave., Solvang, CA 93463

For information, reservations, and directions call Denise at (805) 693-4454